



Journal of the Nepal Medical Association

QUARTERLY

Vol. 7 No. 3

SAWUN 2026
JULY 1969

EDITORIAL NOTICES

This journal is the organ of the Nepal Medical Association but the views expressed in the editorial and other articles are not necessarily the official views of the NMA. It is published quarterly in January, April, July and October corresponding to Magh, Baisakh, Sawun and Kartik (the order of the months of our calendar being Baisakh, Jeth, Asar, Sawun, Bhadau, Ashoj, Kartik, Mungsir, Poosh, Magh, Phagun, Chait). Journal offices are in the NMA Headquarters building "Siddhi Sadhan," Pradarshani Marg, Kathmandu and are open for personal visit between 4 and 7 in the evening.

Chief Editor's Notice

All contributions for publication should be addressed to the Chief Editor.

Manuscripts should be typewritten only on one side of foolscap sized paper with triple or double spacing. Only recognised abbreviations should be used in the text. Words or phrases should not be underlined. Illustrations for text figures and charts should be drawn clearly and firmly in Indian ink on separate sheets ready for reproduction. Plates and illustrations should be accompanied by short explanations.

Reference to articles and books should be carefully checked. References to authors in the text must be made in the following way "Spurrel (1930) showed that presence of

glucose preserved red cells for a much longer period in blood drawn for transfusion". The references should be collected in an alphabetical order of author's surnames at the end of the article and arranged in the following way.

1. Names followed by initials of author (s).
2. Year of publication in brackets.
3. Title of paper.
4. Title of journal (abbreviations should be according to the list of World Medical Periodicals published by the World Medical Association).
5. Volume.
6. Number of first page of the article.

e.g. Dudley H.A.F. (1969) Task for Clinicians. The Medical Journal of Australia. I, 37

Reference to books and monographs should include, 1) author (s) or editor (s) 2) Year of publication 3) title 4) edition 5) page referred to 6) place 7) publisher. e.g.

Illingworth C.F.W. and Dick B.M., 1932, A Text Book of Surgical Pathology., 1st ed, 225, London, J. and A Churchill.

If the reference is made to an abstract of a paper the name of the original journal in which the paper has appeared, should be given with full data in each instance.

Papers and articles, including case reports will be understood to be offered to this journal alone, unless the contrary is stated. Those which are accepted become the copyright of the Nepal Medical Association. The reproduction for commercial purpose of articles appearing in the JNMA will not be permitted. The Chief Editor reserves the rights to publish any paper read before the meetings of the Association.

The Chief Editor shall have the right to edit, alter, rearrange, condense or rewrite all contributions approved for publication, without reference to the authors before publishing them. In the selection of articles and the priorities of articles and the priorities of publication the opinion of the Chief Editor will be final. The editors do not hold themselves in anyway responsible for the statements made or the views put forward in the articles. Only the rejected articles will be returned. They will be sent out by ordinary post and we will not be responsible for any loss or damage in the post.

Ten reprints of original articles will be supplied free of charge from October 1969. Additional numbers can be supplied on payment provided application is made when submitting the manuscript and in such cases address for the reprints will be published in the article. We regret that we have no facilities at present for a duplicating service.

EXCHANGE OF JOURNAL

For exchange copies please mark EXCHANGE and address your journal to the Chief Editor.

TO THE PUBLISHERS OF BOOKS

We will be glad to review any books of particular interest to doctors in Nepal. Two copies of each book should be sent to the Chief Editor.

MANAGING EDITOR'S NOTICE.

All business communications regarding advertising, change of address, non-receipt of journal, back numbers etc. should be sent to the Managing Editor. Cheques should be written in the name of "JOURNAL OF THE NEPAL MEDICAL ASSOCIATION" and crossed Nepal Bank Ltd., Kathmandu.

The Journal is sent free to all members of NMA.

Subscription — Annual Rs 15.00 Nepali Currency (N.C.) Single copy Rs. 4.00 N.C.
Combined special issue Rs. 6.00 N. C.
Medical Students Subscription Rs. 8.00 N.C. annually

PRESENT EXCHANGE RATES FOR FOREIGN CURRENCY.

Rs. 135.00. N.C. = Rs. 100/- Indian Currency. (I.C.)

Rs. 24.00 N.C. = £ 1. (One Pound Sterling). Rs 10.00 N.C. = \$ 1. (One Dollar)

Price.	Single Copy	Combined Special Issue
Including		
postage	Rs.3.50 I.C.	Rs. 5.00 I.C.
	Shilling 6/-	Shilling 8/6
	\$ 0.75.	\$1.10.

The journal will be sent out by ordinary post before being distributed locally by the Association bearer. Every care will be taken in despatching the journal. We will not be responsible for any delay or damage or loss in the post.

Change of address:— Subscribers and NMA members should communicate any change of address at least one month before publication of the journal.

TO THE ADVERTISER.

May we suggest to you that our journal will be a most suitable medium for your advertisements. Ours is the only Medical Journal of Nepal. It is distributed all over Nepal to national and international doctors and abroad to medical libraries and medical associations in many parts of the world. It is also sent to certain institutions in Nepal and exchanged with foreign medical journals.

Advertising rates are in Indian Currency:—

Back cover (1) Rs. 200
Inner Titles (2) Rs. 150 each

First full page and facing Editorial Notices Rs. 110

Full page Rs. 90

Half page Rs. 50

Quarter page Rs. 30

Discount of 25% for insertions in 4 consecutive issues of the Journal. 15% agency commission.

The management of the journal reserves the right to refuse publication of an advertisement if it is not upto our ethical standards or if there is any doubt about its genuineness. Every possible effort will be made to allot the space requested. However, if request for an advertisement has come at a time when the Journal is about to go to the press and the space requested has been already occupied the best possible alternative space will be used, and charged for, for that particular issue of the Journal and permission of the advertising patron will be sought regarding whether that particular space will suit them for the further issues ordered.

While every care will be taken to return any blocks in good condition, we do not take responsibility for any damage or loss.

JOURNAL (EDITORIAL) SUB-COMMITTEE.

S. Moin Shah:	F.R.C.S.	Hony. Chief Editor.
Hemang Dixit.	D.T.M.&H. (Eng), D.C.H. (Eng).	Consultant; Past Chief Editor.
D.N. Regmi.	M.P.H. (Cal).	Hony. Managing Editor.
A. Hai-Khan	F.R.C.S. (Edin); F.R.C.S. (Ire).	Adviser.
J.R. Pandey.	F.R.C.S. (Edin).	Adviser.
N.B. Rana.	F.F.A.R.C.S. (Eng) D.A. (Lond)	Consultant
Dibya Shree Malla	M.R.C.O.G. (Lond)	"
Awadh Narain	M.B.B.S.	"
S.K. Bhattacharya.	F.R.C.S. (Lond)	"
N.L. Maskey.	T.D.D. (Wales)	"
R.B. Adiga.	V.D.D. (L'pool).	"
Y.B. Shrestha.	D.C.H. (Eng); M.R.C.P. (Edin)	"
	M.R.C.P. (Glasg)	"
V.L. Gurubacharya	D.T.M.&H. (L'pool); D. Path. (Lond)	"
	D.C.P. (Lond)	"
Y.M.S. Pradhan.	M.B.B.S.	"
(Miss) Bina Kansakar.	B.D.S.	"