

Agreement of Co-operation Between Dharma Chitra Guthi and Nepal Medical Association

1. Dharma Chitra Guthi, a charitable institution or trust, desirous of promoting the advancement of medical knowledge for the benefit of the ailing and diseased, hereby expresses its willingness to sign an Agreement of Co-operation with the Nepal Medical Association, which is devoted to the cause of Medicine and of its members who are professionals in the field of Medicine.
2. The Nepal Medical Association shall form a MEDICAL TRUST to be called THE NEPAL MEDICAL ASSOCIATION MEDICAL TRUST.
3. The NEPAL MEDICAL ASSOCIATION MEDICAL TRUST shall be operated by a Governing Board consisting of 5 Trustees: 2 Trustees shall be nominated by the Executive Committee of The Nepal Medical Association; 2 Trustees shall be nominated by the Governing Body of Dharma Chitra Guthi; the fifth Trustee who shall be Chairman of the NMA Medical Trust shall be nominated jointly by the Nepal Medical Association and Dharma Chitra Guthi. The Chairman shall be an independent person, not belonging to either the Nepal Medical Association or Dharma Chitra Guthi, who need not necessarily be a Nepali citizen, but shall be mutually acceptable to both parties.
4. Mrs. Chitra Kumari Pahari, on behalf of Dharma Chitra Guthi, shall pay into the account of the NMA Medical Trust a sum of Rupees Three Hundred Thousand only which shall be placed in an interest earning deposit in a bank or any other institution or organisation which is mutually agreed upon as secure.
5. The interest accruing from this deposit shall be used by the NMA Medical Trust in presenting various AWARDS to Medical Doctor or paramedical working in the field of Medicine and Health, who in the opinion of the Trustees of the NMA Medical Trust, have made significant contribution in the field of Medicine and Health. The prizes which shall be awarded every two years during the Inaugural Ceremony of all Nepal Medical Conference, will consist of:

- (a) AMAR PAHARI MEDICAL LITERARY AWARD - This award shall consist of cash prize of Rs. 20,000/- and a certificate which will be given to the author of the best medical book written by a Nepali Doctor or a non-Doctor who is involved in the field of medicine and health.
- (b) DHARMA PAHARI HEALTH SERVICE AWARD - This shall consist of cash prizes of Rs. 25,000/- and a certificate, which will be given to a distinguished Doctor or Non-Doctor who in the opinion of the Trustees has made outstanding contribution for the cause of medicine and health in Nepal.
- (c) CHITRA PAHARI SCIENTIFIC MEDICAL AWARD- This shall consist of cash prizes of Rs. 5,000/- and 3,000/- which will be given to the authors of the First and Second best articles in the Medical Journals published in Nepal.
6. Any excess balance available after the payment of the award and all incidental expenses shall be utilized for other medical purposes, as per the decision of the Trustees.

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Signed by Mrs. Chitra Kumari Pahari
on behalf of Dharma Chitra Guthi.

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Signed by Dr. B.B. Vaidya
President, on behalf of
Nepal Medical Association

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Dr. S. K. Pahari, Witness
Dated:- 2/12/2041

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Dr. S. K. Bhattacharya,
President Elect. Witness
Dated:- 2/12/2041

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Studies Prove East Asian women require lower dose of hormonal ingredients for equally effective contraceptive protection. The reason is that they have a lower average body weight compared to Western Women.

Plasma level of Ethinyl Estradiol produced by a dose of 35 mcg. in Asian Women is approximately comparable to the Plasma level produced by 50 mcg in Western Women.

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