

Artificial Blood

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Artificial blood is now so much a science fiction. The saga of artificial blood now has gone from coffee room discussion to clinical use.

Artificial blood; The oxygen carrying blood substitutes has received a lot of attention recently because of the clinical use of some of fluoro-carbons and the development of stroma-free haemoglobin solution. The practical advantage of having oxygen carrying blood solutions which are nonantigenic (so no need of group typing or crossmatching) which are free of disease and which are readily transportable and can be stored easily having no problem of disease and which are readily transportable and can be stored easily having no problem of hyperkalemia are evident. They will also have special importance.

a) When blood should not or cannot be used due to the nature of the patient b) In circumstances where a blood free oxygen carrying blood preparation has certain advantages over blood. c) When blood is unavailable.

Though fresh red cells will remain indispensable for long term replacement, some properties of oxygen carrying blood may exceed the therapeutic capability of red cell. Currently stroma free haemoglobin (SFH) solution and fluoro-carbon (FC) are the two potential oxygen carrying blood (OCB) substitutes available.

Haemoglobin

Outdated human red cells are the source material for SFH. For transient oxygen

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transport assistance SFH could be used in spite of its very short circulatory half life i. e. 3-4 hrs. This solution is apparently not acutely toxic to kidney or other organ. Haemoglobin readily loads oxygen in animals breathing air but does not adequately unload oxygen to tissue (because of absence of disphosphoglycerate).

Fluorocarbons

These compounds are water insoluble, have high solubility for gases and have very low surface tension. They carry oxygen entirely in emulsion form as physically dissolved gas. FC are retained in circulation for 3-4 days. Fluorocarbon, were used originally to demonstrate that total blood replacement with these compounds could be achieved and such natural blood less animal having artificial environment can survive. Presently for clinical use the product. Fluosol DA 20% (Japan) is available.

Uses

Artificial blood can easily be transported and used for transfusion in any person regardless of blood group at the site of a great catastrophe.

The principle use of SFH will be in emergency situation where a large blood loss occurred. Another use would be in surgical procedures with extracorporeal circulation where large volume is needed for short time to fill the system. In such procedures, the SFH have the advantage that they are not affected by the mechanical pumping, where erythrocytes are damaged. Besides, one might envisage an infusion or perfusion treatment with haemoglobin solution in the field of medicine e.g. in myocardial infarction.

There are many situations in which the FC may be particularly useful. Some patients with chronic disease (e.g. thalassemia) who have had many blood transfusion may not be able to accept further blood because of serious iron overload. In these patients FC solution but not SFH might be especially useful. The emulsion of FC might also be very useful in the treatment of acute poisoning by carbon monoxide. Specific FC emulsion will be designed for the treatment of coronary ischemia and stroke. Recently experiments have shown that in the ischemic zone following ligation of the coronary artery in the dog, the volume of tissue infarcted was reduced by 30% after the treatment with FC because these preparations being cell free have better access to hypoxic areas than red cells themselves.

O.C.B. substitutes as presently formulated have an effective time in circulation of hours rather than days. This property would appear to limit their use to short term

support for patients with an urgent requirement for improved oxygen carrying capacity.

In the case of FC, currently used in man the recipient must inspire 95—100% oxygen in order to deliver sufficient oxygen to the tissue. The longterm adverse pulmonary effects of inspiring high concentrations of oxygen (oxygen toxicity) must be considered.

Both SFH and FC are cleared by reticuloendothelial system. Repeated use of the blood substitute may cause saturation of RE system and finally blockade leading patients susceptible to serious infectious diseases.

The current evidence suggest that OCB substitutes are efficacious but longterm toxic affect of the both product in current state is still to be evaluated. Halogenated hydrocarbons have not been accepted open heartedly in most biological system todate.

In Summary, there is a great potential of both FC and SFH as blood substitutes. Since research in this area is active there are indications that the limitations outlined may be removed by developing modified and improved preperation. Another problem may be the cost of the product. Thus whereas the immediate clinical use of available blood substitutes appears limited, future use may be more promising. The future of OCB has barely begun and it look as if artificial blood is round the corner.

Finally, I do not believe that the use of OCB will have a major impact on the activity of blood services. SFH is prepared from outdated human red cells which indicates improved utilization of blood donation. The need for blood bank will not disappear and OCB will be an additional entry into the field of blood banking

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